



# Saint Bernard

A Roman Catholic Community

January 23, 2022

3<sup>rd</sup> Sunday in Ordinary Time



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## Saturday Mass

### Misas de Sábado

8:00 a.m. • English

5:00 p.m. • English Sunday Vigil

7:00 p.m. • Español Misa Dominical

## Sunday Mass • Misas de Domingo

7:30 a.m. • English

9:00 a.m. • English

11:00 a.m. • English

1:30 p.m. • Español Nuevo Horario

## Weekday Mass • Misas entre Semana

8:00 a.m. - English

6:15 p.m. • Bilingual

## Office Hours • Horario de oficina

Monday - Friday • Lunes a Viernes

9:00 a.m. – 4:00 p.m.

Closed 12 - 1pm & on Weekends

Cerrado 12 - 1pm y el fin de semana

## Pastor

Fr. Toribio Gutierrez

frtoribio Gutierrez@gmail.com

## Associate Pastor

Fr. Khoa Mai

kaem.2011@mail.com

## Religious Ed/ Confirmation

Avelina Jiménez:

Call • Text: 562-325-0757

fhcsacrament@gmail.com

## RCIA

Desi & Ervin Ortiz

desvil@verizon.net

## Parish Information

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(562) 608-5337

# Totals

## January 16, 2022

Envelopes \$3,806.00	Mailed Donations \$168.00
Plate \$1,965.00	Parochial Improvements
Online Giving \$848.00	\$2,065.00
Pantry \$300.00	

# Sunday of the Word of God

On September 30, 2019, on the liturgical memorial of St. Jerome, Pope Francis announced that the Third Sunday in Ordinary Time would be celebrated as the Sunday of the Word of God. We invite you to visit our Parish website to read the entire Apostolic Letter, "Aperuit illis: Instituting the Sunday of the Word of God". We also invite you to choose a book of the Bible to read over a period of time, the Sunday Mass readings, or a Bible study book. Then follow the five stages of the ancient practice of Lectio Divina to guide you.

**1. READING:** Read the verses aloud, slowly and carefully, realizing that God is speaking through the sacred text. Imagine the scene, notice the feelings evoked by the text, and consider the type of writing used by the author. If done in a group, members share with the others what they have discovered in the text.

**2. MEDITATION:** Considering what particular phrases or images have caught your attention, ask yourself what the text is saying personally to you. What insight, comfort, or challenge is God offering you? If in a group, feel free to share your thoughts with the others.

**3. PRAYER:** Respond to God who has spoken to you in the text. In words of thanks, praise, repentance, or petition, speak to God from the heart. In a group, this could be prayed aloud or in silence.

**4. CONTEMPLATION:** Simply rest in God's presence. Trust God to work within you and form you in the divine image. Stay in silence and savor the Holy Spirit.

**5. ACTION:** Determine how you can turn your prayerful reflection into practical experience. Let the power of God's word have an effect in your life, making you a more committed disciple of Jesus. © Catholic Initiatives

# Mass Intentions

## Saturday 01/22/2022

8:00am  
John Ramirez - Sp. Int.  
A successful surgery for Gary Arcega  
5:00pm  
A successful surgery for Gary Arcega  
The healing of Doug & Robin Angi

## Sunday 01/23/2022

7:30am  
Madonna Castro & Hector Rivas- †  
Jean Bulquerin - thanksgiving HB  
Napoleon Arcala Sr. - Healing  
9:00am  
A successful surgery for Gary Arcega;  
In thanksgiving with Connie Arguza  
11:00 am  
All Souls,  
Maria Soledad Reyes - †  
David, Daniel & Rene Flores - †  
Alex Muratalla - †  
Fluwelyn Amargo -HB  
1:30 pm  
Alejandro Martinez & Laura Abad - Sp. Int.,  
Billy Lopez & fam. -Sp. Int. & Healing  
Eric & Enriquez & fam. -Sp. Int. & Healing  
Jose Guadalupe Muñoz - 1yr - †  
Maria de Jesus Tirado- HB

## Monday 01/24/22

6:15pm  
Alejandro Martinez & Laura Abad - Sp. Int.

## Tuesday 01/25/22

6:15pm  
Alejandro Martinez & Laura Abad - Sp. Int.

## Wednesday 1/26/22

6:15pm  
Alejandro Martinez & Laura Abad - Sp. Int.  
Godwin N. Ogueli - †, Norma Hernandez- Healing,  
Vivencio Topacio - †

## Thursday 01/27/ 22

6:15pm  
Alejandro Martinez & Laura Abad - Sp. Int.

## Friday 01/28/22

8:00am  
Pedro Timoteo -RIP  
Mark Trepagnier - †,  
6:15pm  
Alejandro Martinez & Laura Abad - Sp. Int.

## Saturday 01/29/22

8:00am  
Juana Olano - †  
5:00pm  
Alejandro Martinez & Laura Abad - Sp. Int.  
Anthony Manalo -HB,  
Francisco Alfonso & Fam- Thanksgiving  
Raquel Narboneta & Fam. - Sp. Int.  
Keir De Guzman & Fam. - Sp. Int., Annie Lorenzo

# Dear Parishioners:

Let's talk about the Church Fathers, Early Church Fathers, Christian Fathers, or Fathers of the Church. They were ancient and influential Christian theologians and writers who established the intellectual and doctrinal foundations of Christianity. The historical period in which they worked became known as the Patristic Era and spans approximately from the late 1st to mid 8th centuries, flourishing in particular during the 4th and 5th centuries. You must know that some of them are considered Great Fathers in the Catholic Church and Eastern Orthodox Church traditions. They are Saint Ambrose (A.D. 340–397), Saint Jerome (347–420), Saint Augustine of Hippo (354–430) and Pope Saint Gregory I (540–604), Athanasius of Alexandria (c. 296 or 298 – 373), Gregory of Nazianzus (329 – c. 390), Basil of Caesarea (c. 330 – 379), John Chrysostom (347–407). The Apostolic Fathers were Christian theologians who lived in the 1st and 2nd centuries AD, who are believed to have personally known some of the Twelve Apostles, or to have been significantly influenced by them. Their writings, though popular in Early Christianity, were ultimately not included in the canon of the New Testament once it reached its final form. Many of the writings derive from the same time period and geographical location as other works of early Christian literature that did come to be part of the New Testament, and some of the writings found among the Apostolic Fathers' seem to have been just as highly regarded as some of the writings that became the New Testament. They are three:

a) Saint Clement.- had been considered by some as part of the New Testament canon.

b) Saint Ignatius of Antioch, was the third bishop of Antioch and a student of the Apostle John. En route to his martyrdom in Rome, Ignatius wrote a series of letters which have been preserved. Important topics addressed in these letters include ecclesiology, the sacraments, the role of bishops, and the Incarnation of Christ.

c) Saint Polycarp (c. 69 – c. 155) was a Christian bishop of Smyrna (now in Turkey). It is recorded that he had been a disciple of John the Evangelist. Around A.D. 155 died a martyr. The story of his martyrdom describes how the fire built around him would not burn him, and that when he was stabbed to death, so much blood issued from his body that it quenched the flames around him.

It is important to know them because they are privileged witnesses of the tradition of the Church, they have transmitted us a theological method that is both bright and safe. Their writings offer a cultural and apostolic wealth, which makes them the great masters of the church yesterday, today and always. Next time, I will talk to you about the Greek Fathers.



**Join the Servants of Mary  
Minister to the Sick via Zoom  
every Tuesday at 7:00 pm.**

**This group is aimed at Catholic  
women between the ages of  
18 - 33 years old.**

**Any questions feel free to call  
Sister Elizabeth at  
(213) 840 - 9608**

**Zoom ID: 324 497 3100  
Passcode: FIAT2020**



**Servants of Mary  
Minister to the Sick**

**servantsofmaryvocla@gmail.com  
www.sisterservantsofmary.org**

## Querida tía Tota:

Hablemos de los Padres de la Iglesia. Yo no soy un Padre de la Iglesia. Nos referimos con este título a los primeros teólogos de la iglesia. Llamados también los padres cristianos. Fueron antiguos e influyentes teólogos y escritores que establecieron los fundamentos intelectuales y doctrinales del cristianismo. El período histórico en el que trabajaban se conocían como la era patristica y se extienden aproximadamente a fines del 1º a mediados del siglo VIII, floreciendo en particular durante los siglos 4o y 5o.

Debes saber que algunos de ellos son considerados Los Grandes padres en la Iglesia Católica. Ellos son:

San Ambrosio (340-397dC), San Jerónimo (347-420), San Agustín de Hipona (354-430) y el Papa San Gregorio I (540-604). Luego tenemos a Atanasio de Alejandría (c. 296 - 373), Gregorio de Nazianzo (329 - C. 390), Basilio de Cesarea (c. 330 - 379), y San Juan Crisóstomo (347-407).

Tenemos además a Los Padres Apostólicos que fueron los teólogos cristianos que vivían en el anuncio del 1º y 2o siglos, a quienes se cree que conocieron personalmente a algunos de los doce apóstoles, o que han sido significativamente influenciados por ellos. Sus escritos, aunque populares en el cristianismo temprano, finalmente no se incluyeron en la Canon del Nuevo Testamento. Muchos de los escritos se derivan del mismo período de tiempo y ubicación geográfica como otras obras de literatura cristiana temprana que llegaron a formar parte del Nuevo Testamento, y algunos de los escritos encontrados entre los Padres Apostólicos parecen haber sido igual de gran consideración. Los más representativos son tres:

- a) San Clemente.- Había sido considerado por algunos como parte importante en la definición del Canon del Nuevo Testamento.
- b) Santo Ignacio de Antioquía, fue el tercer obispo de Antioquía y un estudiante del apóstol San Juan. En ruta a su martirio en Roma, Ignacio escribió una serie de cartas que todavía se conservan porque aborda temas que incluyen eclesiología, los sacramentos, el papel de los obispos y la encarnación de Cristo.
- c) San Policarpo (c. 69 - c. 155) fue un obispo cristiano de Smyrna (ahora en Turquía). Se registra que había sido un discípulo de Juan el Evangelista. Alrededor de A.d. 155 murió un mártir. La historia de su martirio describe cómo el fuego construido a su alrededor no lo quemaba y por eso fue apuñalado hasta la muerte, tanta sangre salió de su cuerpo que apagó las llamas a su alrededor.

Es importante conocerlos porque son testigos privilegiados de la tradición de la Iglesia, nos han transmitido un método teológico que es brillante y seguro. Sus escritos ofrecen una riqueza cultural y apostólica, lo que los convierte en los grandes maestros de la Iglesia ayer, hoy y siempre.

La próxima vez, te hablaré sobre los Padres Griegos.

## Rachel's Vineyard Retreat weekend for

### Healing after Abortion

Rachel's Vineyard retreat is for men and women struggling with the emotional and spiritual pain of abortion. The retreat is designed to help participants work through repressed grief and anger in a safe, nonjudgmental setting and come to acceptance, healing, and hope for the future. Developed in the Roman Catholic Tradition, it utilizes spiritual exercises and rituals to help grieve the loss of unborn children and to accept God's forgiveness. All inquiries and registrations are confidential.

**March 4-6, 2022 San Fernando, CA • Cost: \$300. per person.** For registration or more information please call 323-577-5693 or email, [RVLA.christine@gmail.com](mailto:RVLA.christine@gmail.com) • [www.rachelsvineyard.org](http://www.rachelsvineyard.org)

## El Retiro Viñedo de Raquel

### Cuando Sentirse mal no basta Para sanación después del aborto

El Retiro Viñedo de Raquel ofrece retiros para mujeres y hombres que sufren el dolor emocional y espiritual del aborto. Este retiro está diseñado para ayudar a los participantes en que puedan trabajar sobre el duelo y el coraje reprimido en un ambiente seguro y sin juzgamiento para poder llegar a la aceptación, sanación y esperanza para el futuro. Diseñado en la tradición Católica Romana donde se utilizan ejercicios espirituales y dinámicas para ayudar en el proceso del duelo sobre la pérdida de los bebés nonatos y así también poder aceptar el perdón de Dios. El cupo de los retiros es limitado a 18 personas solamente.

**El próximo retiro sera el 17, 18 y 19 de junio de 2022 en la Casa de Retiros "Poverello" - Valle de San Fernando.**

Para más información llame al (626) 290 - 8333.