



Saint Bernard

A Roman Catholic Community

JANUARY 31, 2021

Fourth Sunday in Ordinary Time

The people were astonished at Jesus' teaching,
for he taught them as one having authority.

Mark 1:22



9647 Beach Street, Bellflower, CA 90706 | Office Phone: 562.867.2337 | Fax: 562.867.4863

office@saintbernardcc.org | www.SaintBernardCC.org

Mass Schedule • Horario de Misas

Outdoor mass if weather permits. On raining or windy days Mass will be live streamed only at scheduled times.

Saturday Mass • Misas de Sábado

8:30 a.m. (English) Outdoors and Live Streamed

5:00 p.m. (English Sunday Vigil) Outdoors

Sunday Mass • Misas de Domingo

8:30 a.m. (English) Outdoors and Live Streamed

10:30 a.m. (English) Outdoors

12:30 p.m. (Spanish) Outdoors and Live Streamed

Please bring your own chair. Por favor traiga su silla

Weekday Mass • Misas entre Semana

5:30 p.m. (Bilingual) Outdoors and Live Streamed.

Thursdays evening mass will not be live streamed

Thursdays 8:30 a.m. (English) Live Stream Only

Baptism • Bautismos

Our community Baptisms are every 3rd Saturday of the month. We are also offering private Baptisms. For more information please call the parish office.

Nuestros bautizos comunitarios son cada 4th Sábado del mes. También estamos ofreciendo bautizos privados. Para más información, llame a la oficina.

Office Hours • Horario de oficina

Monday through Friday • Lunes a Viernes

9:00 a.m.—3:00 p.m.

Saturday and Sunday • Sábado y Domingo

Closed • Cerrado

Live Stream Mass

To access our live stream mass, subscribe to our new YouTube channel: **Saint Bernard Bellflower**.

Para acceder a nuestras misas en vivo suscríbete a nuestro nuevo canal de YouTube: **Saint Bernard Bellflower**

Confessions • Confesiones

Saturday • Sábado 3:30 p.m.—4:30 p.m.

For an appointment email

FrToribioGutierrez@gmail.com

Confessions will be held outside of church. Face mask is mandatory.

Las confesiones serán afuera de la iglesia. El uso de cubre bocas es obligatorio.

Financial Report

January 24, 2021

Sunday Mass Donations: \$1,840.56

Plate: \$1,727.00

Pantry: \$130.00

Parish Improvements: \$20.00

Online Giving: \$855.00

Kneelers: \$12.00

Children of St. Bernard Offered: \$14.00

Thank you for your donations.

Gracias por sus donaciones.



Parish Team

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Did you know?

Choking is one of the leading causes of accidental death, but many people do not know what to do if someone is choking near them. If a person is coughing, grabbing his or her throat, or passed out with no explanation, he/she could be choking. Utilizing abdominal thrusts, also known as the Heimlich maneuver, could prevent suffocation. Parents should be knowledgeable as to how to perform this maneuver, and if possible, should attend a CPR training course so they are prepared, in the event that a child or adult is choking. For more information, visit <https://lacatholics.org/did-you-know/>.

¿Sabía Que?

La asfixia es una de las principales causas de muerte accidental, pero muchas personas no saben qué hacer si alguien se asfixia cerca de ellos. Si una persona tose, se agarra la garganta o se desmaya sin explicación, es posible que se esté ahogando. El uso de compresiones abdominales, también conocida como maniobra de Heimlich, podría prevenir la asfixia. Los padres de familia deben saber cómo realizar esta maniobra y, si es posible, deben asistir a un curso de capacitación en resucitación cardiopulmonar (CPR, en inglés) para estar preparados, en caso de que un niño o un adulto se esté ahogando. Para obtener más información, visite <https://lacatholics.org/did-you-know/>.

Visit our Website!

We encourage everyone to visit our website frequently, since news can change from day to day.

Le recomendamos que visite nuestro sitio web regularmente, ya que las noticias pueden cambiar día a día.



Scan the code
To be directed
to our YouTube
Channel



@Saint_bernardcc



SaintBernardCatholicCommunity

Religious Education

School Library

Tuesdays: 4:00pm-7:00pm

Saturdays: 9:00 am-12:00 pm

Call/Text: 562-925-9886

Email:

st.bernardsacrament@gmail.com

St. Bernard School

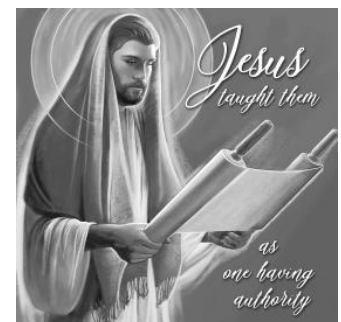
Office Hours

Monday-Friday:

7:30a.m. - 4:00p.m.

(562)867-9410

www.stbernardcatholicsschool.com



Dear Parishioners:

Today's Gospel contains a new way of teaching: with authority. This is how Jesus is perceived by the people. And so the people praise him in contrast to the experts. "Authority" is attributed to Jesus. His teaching is described as "new" and that of the experts is seen as "old." Jesus, without "legal authorization" to teach, does it with authority, in favor of those who suffer and the marginalized. Jesus also spoke of God in such a close way that even the simplest people could understand him. Jesus showed God at hand; located in everyday life, among people, concerned and busy with our things, our joys and our problems, and not there in heaven, distant and far away, only accessible to those who had studies and could read and deepen the Word of God.

Jesus was bringing the Good News of the gospel to the simplest people, the poorest. And people understood and welcomed him with joy.

Jesus still wants us to help him to bring people closer to God: using simple language, so that the most humble people can understand it and can recognize that God is on their side, that He loves all people, because we are all his children, but especially the poorest and most disadvantaged. He does not want more injustices, nor more abuse towards the poor. He has sent his son Jesus as the expected Messiah, to announce the Kingdom of God and the Good News. Jesus actions are Good News from God. In the synagogue there was a demoniac who everyone thought was abandoned by God. The demoniac was dominated by his illness and crushed by his own helpless situation. Until Jesus comes and approaches him ... liberates him and heals him, hence he teaches with authority. This is new, good news, and it causes astonishment in the town. But those who feel unmasked and deprived of their power do not accept the signs of the Kingdom. Let us make our lives a great testimony, a great message for all people, of how much and how good God does with each one of us. Faith is to be lived with joy, with hope and with joy.

Not Happy Enough? Take Action!

Laurie Santos, a Yale psychology Professor designed a course that is available through [coursera.org](https://www.coursera.org), it enhances happiness. Santos distilled five practices backed by science that enhance happiness - Become Social, Express Gratitude, Be in the Moment, Sleep and Move and Be Kind. Please take advantage of the free course.

Estimados Feligreses:

El Evangelio de hoy contiene un nuevo modo de enseñar con autoridad. Así es percibido Jesús por el pueblo. Y así el pueblo lo ensalza en contraposición con los letrados. A Jesús se atribuye la "autoridad". Su enseñanza se califica como «nueva» y la de los letrados es vista como "antigua". Jesús, sin "autorización legal" para enseñar lo realiza con autoridad, en favor de los que sufren y los marginados. Jesús, además hablaba de Dios de una manera tan cercana que hasta la gente más sencilla lo podía entender. Jesús mostraba a Dios al alcance de la mano; situado en la vida cotidiana, entre las personas, preocupado y ocupado de nuestras cosas, de nuestras alegrías y de nuestros problemas, y no allá en el cielo, distante y lejano, solo accesible para los que tenían estudios y podían leer y profundizar la Palabra de Dios.

Jesús estaba acercando la Buena Noticia del evangelio a la gente más sencilla, a los más pobres. Y la gente lo entendía y lo acogía con alegría.

Jesús quiere todavía que le ayudemos a acercar a Dios a las personas sencillas: usando un lenguaje sencillo, para que la gente más humilde lo pueda entender y puedan reconocer que Dios está de su parte, que ama a todas las personas, porque todos somos sus hijos, pero especialmente a los más pobres y desfavorecidos. Que no quiere más injusticias, ni más abusos hacia los pobres. Y que ha enviado a su hijo Jesús como el Mesías esperado, para que anuncie el Reino de Dios y la Buena Noticia. Jesús es esa Buena Noticia de parte de Dios.

En la sinagoga había un endemoniado de quien todos pensaban estar abandonado por Dios. El endemoniado estaba dominado por su enfermedad y aplastado por su misma situación de desamparo. Hasta que llega Jesús quien se acerca a él ... lo libera y sana, de allí que enseñe con autoridad. Esto es nuevo, una buena noticia, y causa asombro en el pueblo. Pero quienes se sienten desenmascarados y desposeídos de su poder no aceptan los signos del Reino. Hagamos de nuestra vida un gran testimonio, un gran mensaje para todas las personas, de lo mucho y lo bueno que hace Dios con cada uno de nosotros. La fe es para vivirla con alegría, con esperanza y con gozo.



Presentation of the Lord

Mass Intentions

Saturday, January 30

8:30am: St. Bernard Community, Sp. Int.

5:00pm: Sean Cassidy †

Sunday, January 31

8:30am: Aplixan Castillo †

Yolanda and Susana Alcoran †

Tomas Vita Jr. †

Amado Sardea †

Joie Bernardo, Healing

10:30am: St. Bernard Parishioners, Sp. Int.

Amparo Hochoa †

Dennis Adricula, Happy Birthday

Alfredo Amiscuo †

12:30pm: David, Anthony, and Daniel Flores †

Viramontes Family †

Monday, February 1

5:30pm: Parish Volunteers, Sp. Int.

Tuesday, February 2

5:30pm: Terresa Parga, †/Birthday

Wednesday, February 3

5:30pm: Jose Senador Sr. †

Thursday, February 4

8:30am: Clarita Quines Verdin †

5:30pm: St. Bernard Children, Sp. Int.

Friday, February 5

5:30pm: Teleforo Alfonso †

Yolanda Susana Alcoran †

Tomas Vito Jr. †

Amado Sardea †

Joie Bernardo, Healing

Saturday, February 6

8:30am: Josephina Villacorta †

5:00pm: Teachers and Catechist, Sp. Int.

A mass intention is not only for deceased. An intention can be a birthday, thanksgiving, health, anniversary, etc. There is a suggested \$10.00 donation per intention. **Please bring your petition 4 days prior to the intended date.** You can drop off in our mail box, mail, or use our online giving page simply add in the comment section desired date and intention request.

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SAINT JOSEPH



Pope Francis's Daily Prayer to Saint Joseph

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man. Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy, and courage, and defend us from every evil. Amen.

The Year of Saint Joseph

Bishop Marc—COVID Vaccinations

As we move forward, many of you will find yourselves in a position where you can encourage people to get vaccinated. With the extremely unfortunate politicization of both the virus and the vaccine, people need to hear from all sides that the vaccine is safe, effective, ethical, and even morally necessary, to quote from the December 21 document from the Vatican Congregation for the Doctrine of the Faith:

“...the morality of vaccination depends not only on the duty to protect one’s own health, but also on the duty to pursue the common good”

“In the absence of other means to stop or even prevent the epidemic, the common good may recommend vaccination, especially to protect the weakest and most exposed”

The Archdiocese of Los Angeles strongly encourages Catholics to receive a safe and effective COVID 19 vaccine for the sake of ourselves, our loved ones, and the common good. If, however, some of the faithful choose not to take the vaccine, the Vatican says those persons “must do their utmost to avoid ... becoming vehicles for the transmissions of the infectious agent”.

A medida que avancemos, muchos de ustedes se encontrarán en una posición en la que pueden animar a la gente a vacunarse. Con la extremadamente desafortunada politización tanto del virus como de la vacuna, la gente necesita oír de todas las partes que la vacuna es segura, eficaz, ética e incluso moralmente necesaria, citando el documento del 21 de diciembre de la Congregación Vaticana para la Doctrina de la Fe:

“... la moralidad de la vacunación depende no sólo del deber de proteger la propia salud, sino también del deber de perseguir el bien común”

“En ausencia de otros medios para detener o incluso prevenir la epidemia, el bien común puede recomendar la vacunación, especialmente para proteger a los más débiles y expuestos”

La Arquidiócesis de Los Ángeles alienta energicamente a los católicos a recibir una vacuna COVID 19 segura y eficaz por el bien de nosotros mismos, nuestros seres queridos y el bien común. Sin embargo, si algunos fieles optan por no tomar la vacuna, el Vaticano dice que esas personas “deben hacer todo lo posible para evitar ser ... vehículos de transmisión de transmisiones del agente infeccioso”.

Catholic Schools Week!

St. Bernard
School



It's Catholic schools week! We're grateful for all of our wonderful teachers and students.

¡Es la Semana de las Escuelas Católicas! Estamos muy agradecidos por todos nuestros maravillosos maestros y estudiantes.